



# YOUR GUIDE TO YOUR SKYRIZI TREATMENT FOR MODERATE TO SEVERE CROHN'S DISEASE

Skyrizi<sup>®</sup> COMPLETE

Resources designed around you.



## SKYRIZI Use<sup>1</sup>

SKYRIZI is a prescription medicine used to treat moderate to severe Crohn's disease in adults.

## Safety Considerations<sup>1</sup>

**SKYRIZI may cause serious side effects, including:**

- **Serious allergic reactions:** Stop using SKYRIZI and get emergency medical help right away if you get any symptoms of a serious allergic reaction.
- **Infections:** SKYRIZI may increase your risk of infections. Before starting treatment, your doctor should check you for infections and tuberculosis. Tell your doctor right away if you have an infection or symptoms of one.

**Do not use SKYRIZI if you are** allergic to risankizumab-rzaa or any of the ingredients in SKYRIZI.

- Also, tell your doctor if you plan to or recently received a vaccine.
- **Liver problems in Crohn's disease:** A person with Crohn's disease who received SKYRIZI by intravenous infusion developed changes in liver blood tests with a rash that led to hospitalization. Your doctor will do liver blood tests before and during treatment and may stop treatment with SKYRIZI if you develop liver problems.

Please see additional **Use and Important Safety Information** on page 8.

Please see full **Prescribing Information**, including **Medication Guide**, or visit [https://www.rxabbvie.com/pdf/skyrizi\\_pi.pdf](https://www.rxabbvie.com/pdf/skyrizi_pi.pdf).

  
**Skyrizi<sup>®</sup>**  
risankizumab-rzaa



## ABOUT INFUSIONS

SKYRIZI treatment for moderate to severe Crohn’s disease (CD) starts with **3 intravenous (IV) infusions**, 1 every 4 weeks. IV infusions are given through a vein in your arm and are administered by a medical professional.

Because a health care provider will set up your infusions, you will receive them at **your health care provider’s office, a hospital, or an infusion center**. Each infusion appointment can take up to 2 hours. Because infusion centers may differ, ask your health care provider which center would be best for you to receive your infusions.



Remember, your Skyrizi Complete Nurse Ambassador\* is here to help you understand the infusion process. Reach out whenever you have questions by calling **1.866.SKYRIZI** (1.866.759.7494). Or if you prefer to connect virtually, ask your Ambassador if virtual visits are available.

\*Nurse Ambassadors are provided by AbbVie and do not work under the direction of your health care professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.



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## HOW TO PREPARE

It's a good idea to **schedule all 3 of your infusions in advance**. That way, you can plan ahead for time off from work and arrange transportation. You can write down the dates on your Prep Guide or keep track in the Skyrizi Complete App.

Close to the day of your infusion, you may receive a call from a number you don't know. **Make sure you answer**. It could be your insurance company, infusion site, or specialty pharmacy calling to confirm you're all set for your infusion.

You may be asked about the medications you currently take, so make sure you're prepared to share that with the health care provider, if needed.



### INFUSION TIP

Try to get a good night's rest before your treatment and drink plenty of water.

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## BEFORE YOUR INFUSION

Each infusion appointment may take **up to 2 hours**, so you may want to bring a book to read or a device to catch up on your shows. Eat beforehand if you think you'll be hungry.

Maybe you'll just want to rest during your infusion. Some offices can be quite cool, so bring a blanket if you think it would be more comfortable.

But remember that **the health care provider will need access to your arms**. If you wear a sweater or long sleeve shirt, make sure you'll be able to roll up the sleeve or pull your arm out of it entirely.



### PREFER TO WATCH A VIDEO?

Click [here](#) to check out the Infusion Prep Video for more information and tips on the infusion process.



### INFUSION TIP

Some patients like to treat themselves on infusion day. What is something you can do for yourself on the days of your infusions?



Clothes with  
access to arms



Entertainment



A blanket

## WHAT TO BRING

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## DURING YOUR INFUSION

When you first arrive for your infusion treatment, the health care provider may take your temperature or blood pressure.

As you get ready for the infusion, you'll want to **make sure you're comfortable**. Remember, the whole process can take up to 2 hours. You can call before you go to see what they have available, like a pillow or blanket, so you can plan ahead.



### INFUSION TIP

The nurses may check in on you and make sure you're doing alright. Feel free to speak up if you feel any pain or discomfort.



Get comfy



Basic tests

### WHEN YOU'RE THERE



2 hours

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## AFTER YOUR INFUSION

When you're finished with your infusion, the health care provider may want you to stay a bit longer to **answer questions and keep an eye on you**. After you ask any questions you may have, you can go on to the remainder of your day.

**In between infusions, be sure to reach out to your Nurse Ambassador.**

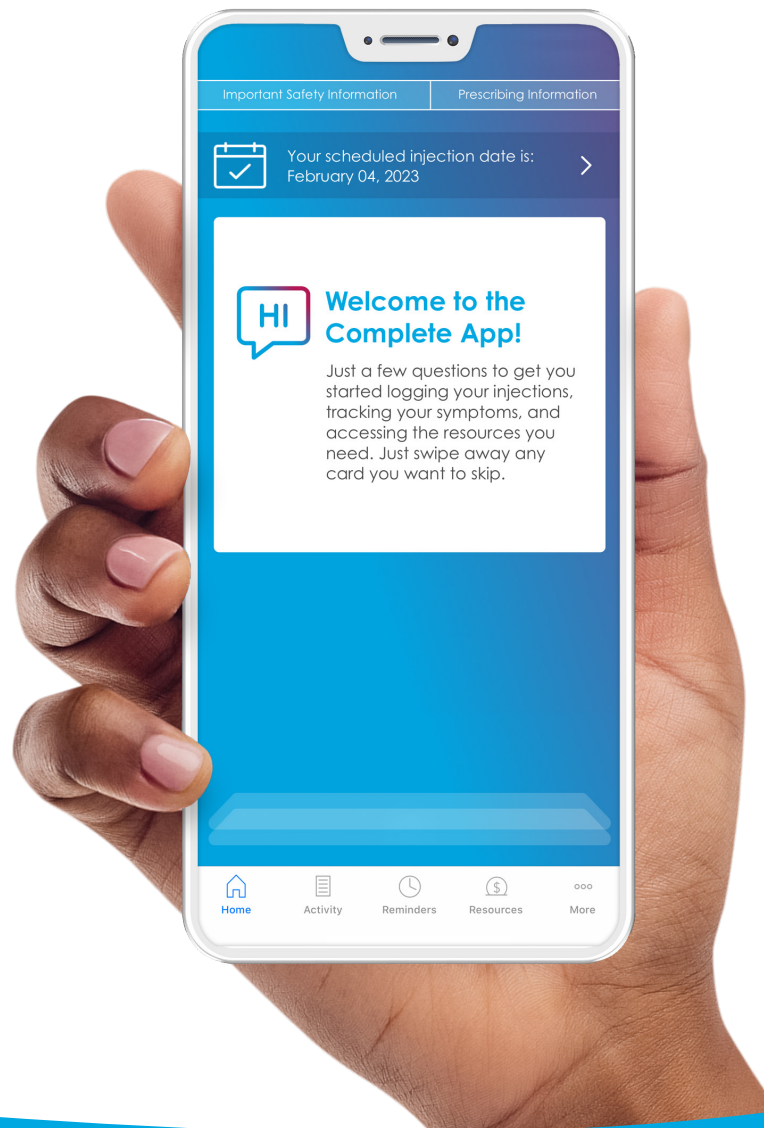
They can help you prepare for your next infusion. Reach out at **1.866.SKYRIZI** (1.866.759.7494).



### DON'T FORGET ABOUT THE SKYRIZI COMPLETE APP

The App can help you track your infusions and injections with reminders so you never miss a treatment.

Click [here](#) to download or search "Skyrizi Complete" in the App Store® or Google Play™.



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# KEEP GOING WITH THE SKYRIZI ON-BODY INJECTOR

After your 3 infusions, it will be time to start your injections at home with the SKYRIZI On-Body Injector. Injections will start 12 weeks after your first infusion, and then **every 8 weeks** afterward.

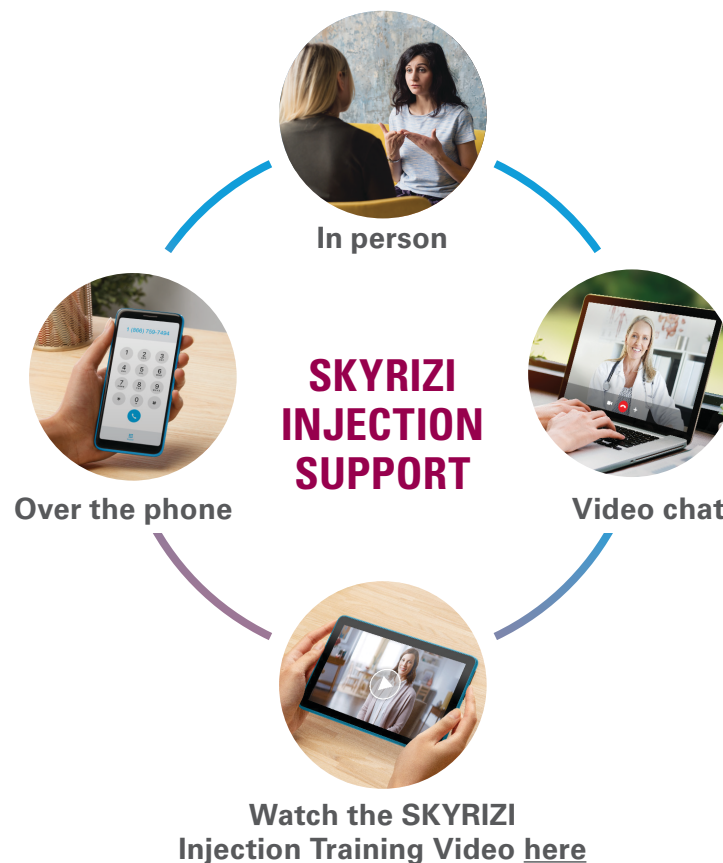
A few weeks before your first injection, you should receive **training from your health care provider** on how to use the SKYRIZI On-Body Injector.

If you have any questions, your Nurse Ambassador can **provide you with injection support, if needed**. They may even be able to provide injection training in person.



Your Nurse Ambassador will be there for you every step of the way—from helping you prepare for at-home injections to helping you establish a treatment routine that works best for you. You can also watch the SKYRIZI Injection Training Video [here](#).

Reach out to your SKYRIZI Nurse Ambassador at **1.866.SKYRIZI** (1.866.759.7494).



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# USE AND IMPORTANT SAFETY INFORMATION

## ABOUT SKYRIZI® (risankizumab-rzaa)<sup>1</sup>

### SKYRIZI USE<sup>1</sup>

SKYRIZI is a prescription medicine used to treat moderate to severe Crohn’s disease in adults.

### IMPORTANT SAFETY INFORMATION<sup>1</sup>

#### What is the most important information I should know about SKYRIZI® (risankizumab-rzaa)?

#### SKYRIZI is a prescription medicine that may cause serious side effects, including: Serious allergic reactions:

- Stop using SKYRIZI and get emergency medical help right away if you get any of the following symptoms of a serious allergic reaction:
  - fainting, dizziness, feeling lightheaded (low blood pressure)
  - swelling of your face, eyelids, lips, mouth, tongue, or throat
- trouble breathing or throat tightness
- chest tightness
- skin rash, hives
- itching

#### Infections:

SKYRIZI may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with SKYRIZI and may treat you for TB before you begin treatment with SKYRIZI if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with SKYRIZI.

- Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
  - fever, sweats, or chills
  - cough
  - shortness of breath
  - blood in your mucus (phlegm)
  - muscle aches
  - warm, red, or painful skin or sores on your body different from your psoriasis
  - weight loss
  - diarrhea or stomach pain
  - burning when you urinate or urinating more often than normal

**Do not use SKYRIZI if you are** allergic to risankizumab-rzaa or any of the ingredients in SKYRIZI.

#### Before using SKYRIZI, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section “What is the most important information I should know about SKYRIZI?”

- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Medicines that interact with the immune system may increase your risk of getting an infection after receiving live vaccines. You should avoid receiving live vaccines right before, during, or right after treatment with SKYRIZI. Tell your healthcare provider that you are taking SKYRIZI before receiving a vaccine.
- are pregnant or plan to become pregnant. It is not known if SKYRIZI can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if SKYRIZI passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

#### What are the possible side effects of SKYRIZI?

**SKYRIZI may cause serious side effects. See “What is the most important information I should know about SKYRIZI?”**

**Liver problems in Crohn’s disease:** A person with Crohn’s disease who received SKYRIZI by intravenous infusion developed changes in liver blood tests with a rash that led to hospitalization. Your doctor will do blood tests to check your liver before, during, and up to 12 weeks of treatment and may stop treatment with SKYRIZI if you develop liver problems. Tell your doctor right away if you notice any of the following symptoms: unexplained rash, nausea, vomiting, stomach (abdominal) pain, tiredness (fatigue), loss of appetite, yellowing of the skin and eyes (jaundice), and dark urine.

The most common side effects of SKYRIZI in people treated for Crohn’s disease include: upper respiratory infections, injection site reactions, fever, headache, stomach (abdominal) pain, back pain, joint pain, and low red blood cells (anemia).

These are not all the possible side effects of SKYRIZI. Call your doctor for medical advice about side effects.

Use SKYRIZI exactly as your healthcare provider tells you to use it.

SKYRIZI is available in a 600 mg/10 mL intravenous infusion and a 360 mg/2.4 mL single-dose prefilled cartridge with on-body injector.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.**

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.**

**Reference: 1.** SKYRIZI [package insert]. North Chicago, IL: AbbVie Inc.

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