



FOR ADULTS WITH MODERATE TO SEVERE PLAQUE PSORIASIS

YOUR TREATMENT CONVERSATION

For your next doctor's appointment, use your responses below to keep your conversation on track and emphasize the points you want your dermatologist to address.



Looking for a way to get your conversation started?

Fill in the blanks to create your Goal Statement

"I've been on my current treatment for _____. Is it normal for me to be
(period of time)
experiencing _____? I'd like to see _____ in _____.
(symptom/s) (result/s) (length of time)"

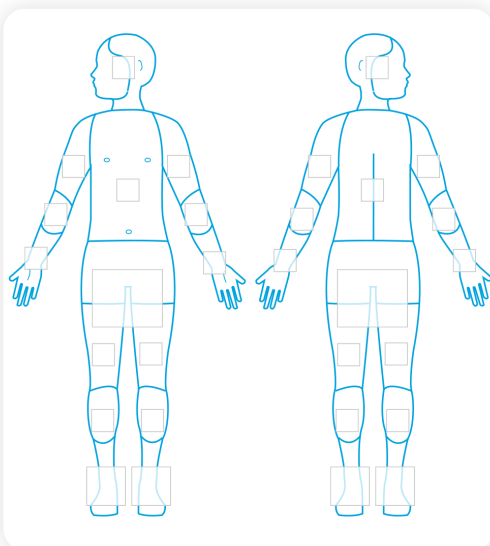
Could SKYRIZI help me achieve my treatment goals?

Keep the conversation going.

Currently this is where I'm experiencing plaque psoriasis symptoms:

Front

Back



SKYRIZI is not indicated to treat a specific location of the body for plaque psoriasis.
Keep in mind, your handprint is about the same size as 1% of your skin's surface.

What percentage of your body is affected by psoriasis?

☐ Less than 3% ☐ 3-9% ☐ 10% or more

In the past year, has there been a change in the intensity of your symptoms and where they appear?

☐ Yes ☐ No

USE

SKYRIZI is a prescription medicine used to treat adults with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or treatment using ultraviolet or UV light (phototherapy).

SAFETY CONSIDERATIONS

SKYRIZI may cause serious side effects, including risk of infections. Before starting treatment, your doctor should check you for infections and tuberculosis. Tell your doctor right away if you have an infection or symptoms of one. Also, tell your doctor if you plan to or recently received a vaccine.

Please see additional Important Safety Information on page 3. Please see Full Prescribing Information, including Medication Guide, at www.rxabbvie.com/pdf/skyrizi_pi.pdf and discuss with your doctor.



Questions for your doctor about location and severity:

What treatment strategies work for reducing plaques?

What if my symptoms aren't getting better? Does that mean I should consider a different treatment?

Could SKYRIZI help me see a change in the severity of my symptoms?

If I'd like to see clearer skin and fewer plaques, could SKYRIZI help me get there?



Currently, I'm using the following to treat my psoriasis (check all that apply):

- ☐ Over-the-counter drugs
- ☐ Phototherapy
- ☐ Diet and lifestyle changes
- ☐ Prescription topicals
- ☐ Oral treatment
- ☐ Biologic treatment
- ☐ Other treatment

Questions about other treatments:

I'm interested in other treatments.
Would SKYRIZI® (risankizumab-rzaa) be an option for me?

What results can I expect with SKYRIZI? What is the dosing schedule for SKYRIZI?



I'm interested in exploring treatment options. With a treatment, I'm looking for the following (check all that apply):

- ☐ How well a treatment works
- ☐ How often I have to take it
- ☐ How long results last
- ☐ Something else

Questions about other treatments:

In clinical trials, how many patients achieved skin clearance on SKYRIZI? What are the benefits and risks of SKYRIZI?



In a typical week, I spend _____ treating my psoriasis.

- ☐ Less than 1 hour
- ☐ 1-3 hours
- ☐ 4-6 hours
- ☐ 7-9 hours
- ☐ More than 10 hours

Questions about daily management:

Is there a treatment option with a different treatment regimen?

Could you go over the dosing schedule for SKYRIZI?



Here's what I'd like you to know about my life with plaque psoriasis (check all that apply):

- ☐ I don't show as much skin as I'd like to
- ☐ I don't interact with others the way I'd like to
- ☐ I don't do some things that I'd like to
- ☐ There's something specific I'd like to discuss

Questions about daily management:

What can I do to address this?

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USE for SKYRIZI® (risankizumab-rzaa)

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IMPORTANT SAFETY INFORMATION

What is the most important information I should know about SKYRIZI® (risankizumab-rzaa)?

SKYRIZI may cause serious side effects, including infections. SKYRIZI is a prescription medicine that may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with SKYRIZI and may treat you for TB before you begin treatment with SKYRIZI if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with SKYRIZI.

- Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
 - fever, sweats, or chills
 - muscle aches
 - weight loss
 - cough
 - warm, red, or painful skin or sores on your body different from your psoriasis
 - diarrhea or stomach pain
 - shortness of breath
 - blood in your mucus (phlegm)
 - burning when you urinate or urinating more often than normal

Before using SKYRIZI, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section “What is the most important information I should know about SKYRIZI?”
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Medications that interact with the immune system may increase your risk of getting an infection after receiving live vaccines. You should avoid receiving live vaccines right before, during, or right after treatment with SKYRIZI. Tell your healthcare provider that you are taking SKYRIZI before receiving a vaccine.
- are pregnant or plan to become pregnant. It is not known if SKYRIZI can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if SKYRIZI passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of SKYRIZI?

SKYRIZI may cause serious side effects. See “What is the most important information I should know about SKYRIZI?”

The most common side effects of SKYRIZI include upper respiratory infections, feeling tired, fungal skin infections, headache, and injection site reactions.

These are not all the possible side effects of SKYRIZI. Call your doctor for medical advice about side effects.

Use SKYRIZI exactly as your healthcare provider tells you to use it.

SKYRIZI is available in a 150 mg/mL prefilled syringe and pen.

Please see the **Full Prescribing Information**, including the **Medication Guide**, for SKYRIZI.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.