

# WHAT TO KEEP IN MIND ON INJECTION DAY

Whether you've self-injected before, or new to it, here's a quick-tip guide that can help.

Before you inject for the first time, talk with your doctor, and be sure you've been shown the proper injection technique with SKYRIZI.

## BEFORE INJECTING:



Leave the carton at room temperature and out of direct sunlight for 15 to 30 mins before injecting

Place the following on a clean, flat surface

- ✓ 1 prefilled syringe (included)
- ✓ 1 alcohol swab
- ✓ 1 cotton ball or gauze pad
- ✓ FDA-cleared sharps disposal container



Wash and dry your hands



### 1 PICK INJECTION SITE

Pick a place on either thigh or stomach. If you choose your stomach, ensure you inject at least 2 inches away from your belly button. Grab a store-bought alcohol swab and clean your skin in a circular motion.



### 2 PREPARE THE SYRINGE

Now, check the syringe carefully. It's normal to see a couple of bubbles in the viewing window. The liquid inside should be clear to slightly yellow.



### 3 PINCH THE SKIN

Pinch the area of cleaned skin and insert the needle into the skin at a 45-degree angle using a quick, short movement.



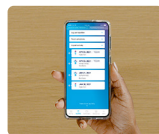
### 4 PUSH THE PLUNGER

Slowly push the syringe plunger until all of the liquid is injected. Pull the needle out of skin keeping the syringe at the same angle. Release plunger so syringe moves up and needle guard covers the entire needle.

## AFTER INJECTING:



Dispose of the syringe in a leak-resistant sharps disposable container.



And don't forget to log your injection on the Skyrizi Complete App and add a reminder for your next dose in 12 weeks.

## Need help with injection training or have questions?

Call your Skyrizi Complete Nurse Ambassador\* at 1.866.SKYRIZI (1.866.759.7494)

**Skyrizi**<sup>®</sup> COMPLETE

\*Nurse Ambassadors are provided by AbbVie and do not work under the direction of your health care professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

## Safety Considerations<sup>1</sup>

SKYRIZI may cause serious side effects, including risk of infections. Before starting treatment, your doctor should check you for infections and tuberculosis. Tell your doctor right away if you have an infection or symptoms of one. Also, tell your doctor if you plan to or recently received a vaccine.

Please see additional Important Safety Information on next page. Please [click here](#) for full Prescribing Information or visit [www.rxabbvie.com/pdf/skyrizi\\_pi.pdf](http://www.rxabbvie.com/pdf/skyrizi_pi.pdf)

**Skyrizi**<sup>®</sup>  
risankizumab-rzaa

# USE AND IMPORTANT SAFETY INFORMATION ABOUT SKYRIZI<sup>®</sup> (risankizumab-rzaa)<sup>1</sup>

## SKYRIZI Use<sup>1</sup>

SKYRIZI is a prescription medicine used to treat adults with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or treatment using ultraviolet or UV light (phototherapy).

## Important Safety Information<sup>1</sup>

### What is the most important information I should know about SKYRIZI<sup>®</sup> (risankizumab-rzaa)?

SKYRIZI may cause serious side effects, including infections. SKYRIZI is a prescription medicine that may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with SKYRIZI and may treat you for TB before you begin treatment with SKYRIZI if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with SKYRIZI.

- Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
  - fever, sweats, or chills
  - muscle aches
  - weight loss
  - cough
  - warm, red, or painful skin or sores on your body different from your psoriasis
  - diarrhea or stomach pain
  - shortness of breath
  - blood in your mucus (phlegm)
  - burning when you urinate or urinating more often than normal

### Before using SKYRIZI, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section “What is the most important information I should know about SKYRIZI?”
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Medications that interact with the immune system may increase your risk of getting an infection after receiving live vaccines. You should avoid receiving live vaccines right before, during, or right after treatment with SKYRIZI. Tell your healthcare provider that you are taking SKYRIZI before receiving a vaccine.
- are pregnant or plan to become pregnant. It is not known if SKYRIZI can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if SKYRIZI passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### What are the possible side effects of SKYRIZI?

SKYRIZI may cause serious side effects. See “What is the most important information I should know about SKYRIZI?”

The most common side effects of SKYRIZI include upper respiratory infections, feeling tired, fungal skin infections, headache, and injection site reactions.

These are not all the possible side effects of SKYRIZI. Call your doctor for medical advice about side effects.

Use SKYRIZI exactly as your healthcare provider tells you to use it.

SKYRIZI is available in a 150 mg/mL prefilled syringe and pen.

**You are encouraged to report negative side effects of prescription drugs to the FDA.**

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**If you are having difficulty paying for your medicine, AbbVie may be able to help.**

Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.

**Reference:** 1. SKYRIZI [package insert]. North Chicago, IL: AbbVie Inc.

Please [click here](#) for full Prescribing Information.

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**Skyrizi**<sup>®</sup>  
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