

ANSWER A FEW QUESTIONS AND PREPARE FOR YOUR NEXT DOCTOR VISIT

This Doctor Discussion Guide can help identify changes in your Crohn's symptoms since your last doctor visit and note important symptoms to share.

Fill out the Doctor Discussion Guide below to make the most of your next visit.

1. Have you been diagnosed with Crohn's disease?

Yes

No

[Click to fill answers or print and fill out.](#)

2a. If you are experiencing abdominal pain, how would you describe the severity?

No pain/not applicable

A little uncomfortable

Somewhat uncomfortable

Very uncomfortable/
unbearable

2b. Since your last doctor's visit, have you experienced changes in the severity of your abdominal pain?

Yes

No

WHY YOUR DOCTOR NEEDS TO KNOW:

Changes in symptoms are clues that can help your doctor determine the best treatment plan for you. While abdominal pain is a common symptom, **it's important to talk to your doctor about how your pain specifically impacts you.**

USE¹

SKYRIZI is a prescription medicine used to treat moderate to severe Crohn's disease in adults.

SAFETY CONSIDERATIONS¹

Do not use if you are allergic to SKYRIZI. SKYRIZI may cause serious side effects, including serious allergic reactions, an increased risk of infections, and liver problems.

- Stop using SKYRIZI and get emergency medical help right away if experiencing symptoms of a serious allergic reaction.
- Before starting treatment, your doctor should check for infections and tuberculosis. Tell your doctor right away about any infections or symptoms of infection and about planned or recent vaccines.
- Liver problems may happen while being treated for Crohn's disease or ulcerative colitis that can lead to hospitalization. Your doctor will do liver blood tests before and during treatment and may stop SKYRIZI if liver problems develop.

Please see additional [Important Safety Information on page 4](#).

Please see [Full Prescribing Information](#), including [Medication Guide](#), at www.rxabbvie.com/pdf/skyrizi_pi.pdf, and discuss with your doctor.

3a. Typically, how many times per day do you have diarrhea?

Enter number here _____

3b. Has your diarrhea become more or less frequent since your last doctor's visit?

More frequent Less frequent Stayed the same

WHY YOUR DOCTOR NEEDS TO KNOW:

If you're having diarrhea frequently and you are adjusting your routine around it, this may be a sign that your Crohn's is active.

4a. Do you experience frequent bowel movements?

Often Sometimes Not at all

4b. Have your bowel movements become more or less frequent since your last doctor's visit?

More frequent Less frequent Stayed the same

WHY YOUR DOCTOR NEEDS TO KNOW:

Frequent bowel movements is a common symptom of Crohn's disease. **It's a sign that inflammation may be present in your gastrointestinal tract.** Be sure to mention this to your doctor, especially if you notice any changes in your bowel movements.

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5. Have you been avoiding meals, certain foods, or changing your diet?

Often

Sometimes

Not at all

WHY YOUR DOCTOR NEEDS TO KNOW:

Eating a healthy diet and getting the appropriate number of calories is important.

Poor appetite may deprive your body of essential vitamins and minerals.

Limiting what you're eating to try to prevent symptoms may indicate a change in your condition. Even small changes are worth mentioning to your doctor.

Additional notes:

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USE AND IMPORTANT SAFETY INFORMATION

USE¹

SKYRIZI is a prescription medicine used to treat moderate to severe Crohn's disease in adults.

IMPORTANT SAFETY INFORMATION¹

What is the most important information I should know about SKYRIZI® (risankizumab-rzaa)?

SKYRIZI is a prescription medicine that may cause serious side effects, including:

Serious allergic reactions:

- Stop using SKYRIZI and get emergency medical help right away if you get any of the following symptoms of a serious allergic reaction:
 - fainting, dizziness, feeling lightheaded (low blood pressure)
 - swelling of your face, eyelids, lips, mouth, tongue, or throat
 - trouble breathing or throat tightness
 - chest tightness
 - skin rash, hives
 - itching

Infections:

SKYRIZI may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with SKYRIZI and may treat you for TB before you begin treatment with SKYRIZI if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with SKYRIZI.

- Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
 - fever, sweats, or chills
 - cough
 - shortness of breath
 - blood in your mucus (phlegm)
 - muscle aches
 - warm, red, or painful skin or sores on your body different from your psoriasis
 - weight loss
 - diarrhea or stomach pain
 - burning when you urinate or urinating more often than normal

Do not use SKYRIZI if you are allergic to risankizumab-rzaa or any of the ingredients in SKYRIZI. See the Medication Guide or Consumer Brief Summary for a complete list of ingredients.

Before using SKYRIZI, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section **"What is the most important information I should know about SKYRIZI?"**
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Medicines that interact with the immune system may increase your risk of getting an infection after receiving live vaccines. You should avoid receiving live

vaccines right before, during, or right after treatment with SKYRIZI. Tell your healthcare provider that you are taking SKYRIZI before receiving a vaccine.

- are pregnant or plan to become pregnant. It is not known if SKYRIZI can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if SKYRIZI passes into your breast milk.
- become pregnant while taking SKYRIZI. You are encouraged to enroll in the Pregnancy Registry, which is used to collect information about the health of you and your baby. Talk to your healthcare provider or call 1-877-302-2161 to enroll in this registry.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of SKYRIZI?

SKYRIZI may cause serious side effects. See "What is the most important information I should know about SKYRIZI?"

Liver problems may happen while being treated for Crohn's disease or ulcerative colitis: A person with Crohn's disease who received SKYRIZI through a vein in the arm developed changes in liver blood tests with a rash that led to hospitalization. Your healthcare provider will do blood tests to check your liver before, during, and at least up to 12 weeks of treatment, and may stop treatment with SKYRIZI if you develop liver problems. Tell your healthcare provider right away if you notice any of the following symptoms: unexplained rash, nausea, vomiting, stomach (abdominal) pain, tiredness (fatigue), loss of appetite, yellowing of the skin and eyes (jaundice), and dark urine.

The most common side effects of SKYRIZI in people treated for Crohn's disease and ulcerative colitis include: upper respiratory infections, headache, joint pain, stomach (abdominal) pain, injection site reactions, low red blood cells (anemia), fever, back pain, urinary tract infection, and rash.

These are not all the possible side effects of SKYRIZI. Call your doctor for medical advice about side effects.

Use SKYRIZI exactly as your healthcare provider tells you to use it.

SKYRIZI (risankizumab-rzaa) is available in a 600 mg/10 mL vial for intravenous infusion and a 180 mg/1.2 mL or 360 mg/2.4 mL single-dose prefilled cartridge with on-body injector.

Please see Full Prescribing Information, including Medication Guide, at www.rxabbvie.com/pdf/skyrizi_pi.pdf, and discuss with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/PatientAccessSupport to learn more.

Reference: 1. SKYRIZI [package insert]. North Chicago, IL: AbbVie Inc.

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