

YOUR GUIDE TO SKYRIZI TREATMENT

FOR MODERATE TO SEVERE CROHN'S DISEASE
AND ULCERATIVE COLITIS

Skyrizi[®] COMPLETE



SKYRIZI USES¹

SKYRIZI is a prescription medicine used to treat adults with:

- moderate to severe Crohn's disease.
- moderate to severe ulcerative colitis.

SAFETY CONSIDERATIONS¹

Do not use if you are allergic to SKYRIZI. SKYRIZI may cause serious side effects, including serious allergic reactions, an increased risk of infections, and liver problems.

- Stop using SKYRIZI and get emergency medical help right away if experiencing symptoms of a serious allergic reaction.
- Before starting treatment, your doctor should check for infections and tuberculosis. Tell your doctor right away about any infections or symptoms of infection and about planned or recent vaccines.
- Liver problems may happen while being treated for Crohn's disease or ulcerative colitis that can lead to hospitalization. Your doctor will do liver blood tests before and during treatment and may stop SKYRIZI if liver problems develop.

Please see additional [Uses and Important Safety Information](#) on page 9.

Please see full [Prescribing Information](#), including [Medication Guide](#), or visit https://www.rxabbvie.com/pdf/skyrizi_pi.pdf.

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Skyrizi[®]
risankizumab-rzaa

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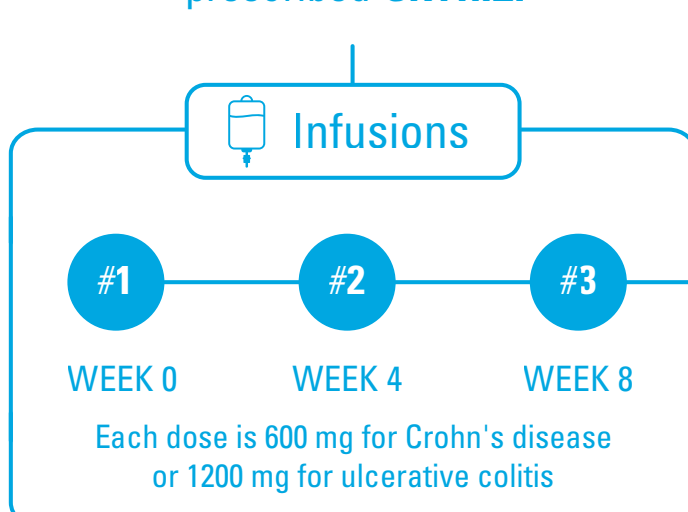


SKYRIZI INFUSIONS

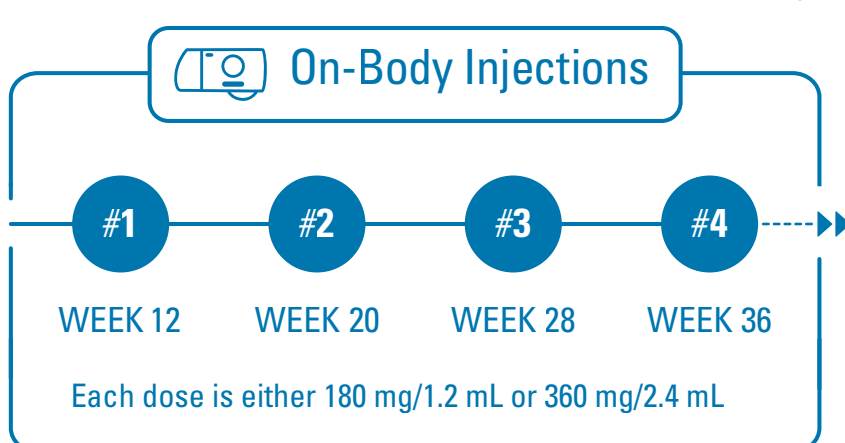
SKYRIZI treatment starts with **3** intravenous (IV) infusions: **1 every 4 weeks**, as prescribed by your doctor. After completing your third infusion, you will start using the SKYRIZI On-Body Injector (OBI) according to your prescribed treatment plan.



Your doctor
prescribed **SKYRIZI**



SKYRIZI treatment for Crohn's disease and ulcerative colitis starts with 3 doses through a vein in the arm (intravenous [IV] infusions); each dose is taken 4 weeks apart.



Your doctor will decide what maintenance dose is right for you.

Maintenance subcutaneous injections will start 4 weeks after your third infusion; each dose is taken 8 weeks apart. After receiving training from your healthcare provider on how to inject SKYRIZI, you can administer your treatment at home using the prefilled cartridge with the SKYRIZI On-Body Injector (OBI).



Your Skyrizi Complete Nurse Ambassador* is an expert on the steps to take when starting on SKYRIZI, and is trained to help you feel prepared for each of your 3 infusion appointments. Call **1.866.SKYRIZI** (1.866.759.7494).[†]

*Nurse Ambassadors are provided by AbbVie and do not work under the direction of your health care professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

[†]Help is available Monday through Friday, from 8:00 AM to 8:00 PM ET, except for holidays.

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HOW TO PREPARE



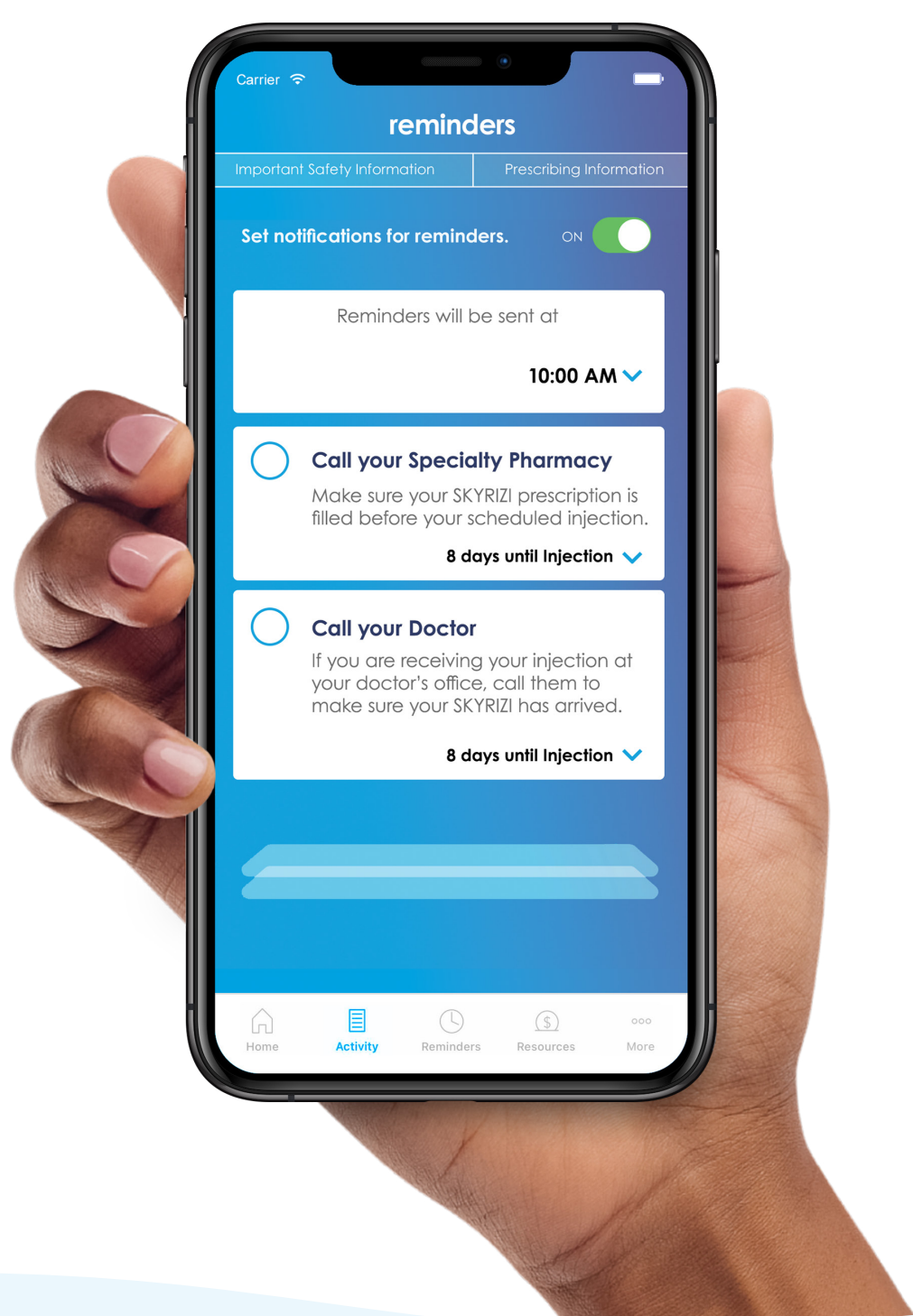
Schedule all of your SKYRIZI infusions in advance. That way, you can plan ahead for time off from work and arrange transportation. You can write down the dates on your **Infusion Prep Guide** or keep track in the **Skyrizi Complete App**.



Watch for phone calls or other communications from your insurance company, infusion provider, or specialty pharmacy to confirm you're all set for your SKYRIZI infusion. These communications may come from a phone number or email address that is new to you.



Make a list of your current medications and supplements. A healthcare provider may ask about them when you arrive at your treatment location.



Helpful Tip

Try to get a good night's rest before your treatment and drink plenty of water.

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BEFORE YOUR SKYRIZI INFUSION

Each infusion may take at least **1 hour** for Crohn's disease (CD) and at least **2 hours** for ulcerative colitis (UC), so you may want to bring a book to read or a device to catch up on your shows.

If you prefer to rest during your infusion, consider bringing a blanket if you think it would be more comfortable.

Remember, your infusion provider will need access to your arms. If you wear a sweater or long-sleeved shirt, make sure you'll be able to roll up the sleeve or pull your arm out of it entirely.



**Clothes with
easy access to arms**



Entertainment



A blanket

WHAT TO BRING



See how to prepare for your SKYRIZI infusion

Watch this helpful **video** as Harper explains what to expect before, during, and after your infusion.



Helpful Tip

Some patients like to treat themselves on infusion day. What is something you can do for yourself that day?

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DURING YOUR SKYRIZI INFUSION

When you first arrive for your infusion treatment, your infusion provider may take your temperature or blood pressure.

As you get ready for the infusion, you'll want to **make sure you're comfortable**. Remember, each infusion may take at least **1 hour** for Crohn's disease (CD) and at least **2 hours** for ulcerative colitis (UC).



Get comfy

WHEN YOU'RE THERE



Basic tests



Be prepared



Helpful Tip

The nurses may check in on you and make sure you're doing alright. Feel free to speak up if you feel any pain or discomfort.

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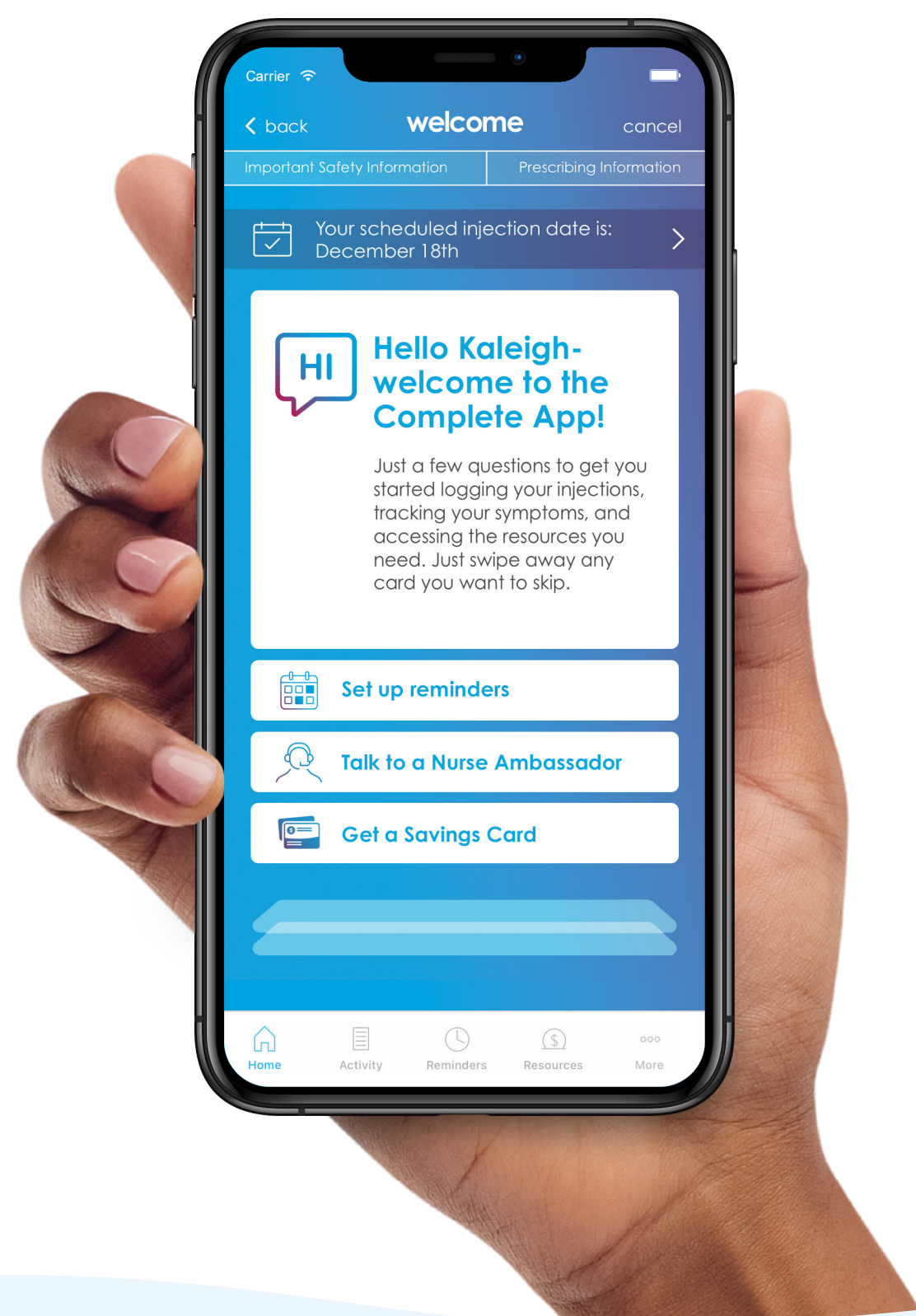
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AFTER YOUR SKYRIZI INFUSION

After your infusion, your infusion provider may ask to monitor you and **answer any questions you may have**. Afterwards you can go on with your day.

In between infusions, be sure to reach out to your Nurse Ambassador. As your main contact, they can help you find potential savings options and feel ready to take the next steps with your SKYRIZI treatment. Call **1.866.SKYRIZI** (1.866.759.7494).



Stay on track with the Skyrizi Complete App

Log your infusions and injections in the App to help you stay on track with your prescribed SKYRIZI treatment plan.



Download the App

Scan the QR code with your smartphone camera to download the App.



Download on the
App Store



GET IT ON
Google Play

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GET READY FOR THE SKYRIZI ON-BODY INJECTOR

Once you've completed your SKYRIZI infusions, you will begin using the SKYRIZI On-Body Injector (OBI)—a device that injects your medicine just under your skin. SKYRIZI is available in 180 mg/1.2 mL or 360 mg/2.4 mL subcutaneous injection via the OBI.

Your first SKYRIZI OBI injection will be **4 weeks** after your third infusion. A healthcare provider should show you how to properly inject before you start injecting on your own. You will then inject every **8 weeks**, as prescribed by your doctor. You may inject at home or at your doctor's office.



Ongoing support throughout your SKYRIZI treatment

Your Nurse Ambassador will be there for you every step of the way. They can show you how to inject the right way, either in-person or virtually, and help you start a treatment routine that works best for you.

Reach out at **1.866.SKYRIZI** (1.866.759.7494).



In person

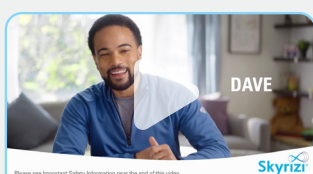
NURSE AMBASSADOR SUPPORT



Over the phone



Video chat



You can also see a step-by-step video to injecting at home.

Watch the SKYRIZI Injection Training video **here**.

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USES AND IMPORTANT SAFETY INFORMATION

ABOUT SKYRIZI® (risankizumab-rzaa)¹

SKYRIZI USES¹

SKYRIZI is a prescription medicine used to treat adults with:

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- moderate to severe ulcerative colitis.

IMPORTANT SAFETY INFORMATION¹

What is the most important information I should know about SKYRIZI® (risankizumab-rzaa)?

SKYRIZI is a prescription medicine that may cause serious side effects, including:

Serious allergic reactions:

- Stop using SKYRIZI and get emergency medical help right away if you get any of the following symptoms of a serious allergic reaction:
 - fainting, dizziness, feeling lightheaded (low blood pressure)
 - swelling of your face, eyelids, lips, mouth, tongue, or throat
 - trouble breathing or throat tightness
 - chest tightness
 - skin rash, hives
 - itching

Infections:

SKYRIZI may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with SKYRIZI and may treat you for TB before you begin treatment with SKYRIZI if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with SKYRIZI.

- Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
 - fever, sweats, or chills
 - cough
 - shortness of breath
 - blood in your mucus (phlegm)
 - muscle aches
 - warm, red, or painful skin or sores on your body different from your psoriasis
 - weight loss
 - diarrhea or stomach pain
 - burning when you urinate or urinating more often than normal

Do not use SKYRIZI if you are allergic to risankizumab-rzaa or any of the ingredients in SKYRIZI. See the Medication Guide or Consumer Brief Summary for a complete list of ingredients.

Before using SKYRIZI, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section “What is the most important information I should know about SKYRIZI?”
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Medicines that interact with the immune system may increase your risk of getting an infection after receiving live vaccines. You should avoid receiving live vaccines right before, during, or right after treatment with SKYRIZI. Tell your healthcare provider that you are taking SKYRIZI before receiving a vaccine.
- are pregnant or plan to become pregnant. It is not known if SKYRIZI can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if SKYRIZI passes into your breast milk.
- become pregnant while taking SKYRIZI. You are encouraged to enroll in the Pregnancy Registry, which is used to collect information about the health of you and your baby. Talk to your healthcare provider or call 1-877-302-2161 to enroll in this registry.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of SKYRIZI?

SKYRIZI may cause serious side effects. See “What is the most important information I should know about SKYRIZI?”

Liver problems may happen while being treated for Crohn’s disease or ulcerative colitis:

A person with Crohn’s disease who received SKYRIZI through a vein in the arm developed changes in liver blood tests with a rash that led to hospitalization. Your healthcare provider will do blood tests to check your liver before, during, and at least up to 12 weeks of treatment, and may stop treatment with SKYRIZI if you develop liver problems. Tell your healthcare provider right away if you notice any of the following symptoms: unexplained rash, nausea, vomiting, stomach (abdominal) pain, tiredness (fatigue), loss of appetite, yellowing of the skin and eyes (jaundice), and dark urine.

The most common side effects of SKYRIZI in people treated for Crohn’s disease and ulcerative colitis include: upper respiratory infections, headache, joint pain, stomach (abdominal) pain, injection site reactions, low red blood cells (anemia), fever, back pain, urinary tract infection, and rash.

These are not all the possible side effects of SKYRIZI. Call your doctor for medical advice about side effects.

Use SKYRIZI exactly as your healthcare provider tells you to use it. SKYRIZI (risankizumab-rzaa) is available in a 600 mg/10 mL vial for intravenous infusion and a 180 mg/1.2 mL or 360 mg/2.4 mL single-dose prefilled cartridge with on-body injector.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.


If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/PatientAccessSupport to learn more.

Reference: 1. SKYRIZI [package insert]. North Chicago, IL: AbbVie Inc.

US-SKZG-240368

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